




CATEGORY	LOGO	COMPANY	DESCRIPTION	ADDRESS / COMMUNITY	PHONE	EMAIL	WEBSITE
Health & Wellness		A Place For Yoga	Iyengar Yoga	Upper Killiney.	(250) 878-1251	lynnebowsher@aplaceforyoga.com	https://www.facebook.com/lynne.bowsher/
Health & Wellness		Access Beyond	Alternative & Holistic Health Service		(306) 961-3301	bonnie.gerow@icloud.com	https://www.facebook.com/bonniegerow/
Health & Wellness		Amanda Wolfenden - Yoga	Outdoor Yoga				
Health & Wellness		Barb Byrne	Certified Personal Trainer - neurological impairments, improve/maintain your mobility	Parker Cove	(587) 985-0095		
Health & Wellness		Bringing Baby Earthside				intuitivekerissa@gmail.com	https://www.facebook.com/KerissaDoula/
Health & Wellness		Cheryl Meier	Reiki, Needless Acupuncture, Meridian Balancing	Westshore Estates	(250) 307-2269		https://www.facebook.com/cheryl.meier.56
Health & Wellness		Desert Bloom Ink Cosmetics	natural brows and scalp micropigmentation				https://www.facebook.com/DesertBloomInk
Health & Wellness		Epicure	Receipes, Meal Plans & Cooking Classess	Head of the Lake			https://melaniehansen1.epicure.com/en-ca/
Health & Wellness		Harmony Chiropractic and Wellness Clinic	Registered Acupuncturist		(403) 793-5457	Actu8health@gmail.com	https://sites.google.com/view/actu8health/home
Health & Wellness		JH Health Coaching	Heath Coach		(778) 363-4003	jhlifestyles@gmail.com	https://www.facebook.com/judyholthealthcoach
Health & Wellness		Sacred Self Empowered	Women's Empowerment and Alignment Coach	Westshore Estates			https://www.facebook.com/henderson.jennifere/
Health & Wellness		Warrior Fitness	Nutrition Coach, Health & Wellness Coach				https://www.facebook.com/glennisdee/
Health & Wellness		Westside Traditional Thai Massage	Traditional Thai Massage - Ladies Only		(250) 320-7909		